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PRE-OPERATIVE/PRE-ANESTHETIC INSTRUCTIONS

You are scheduled to have surgery which will use intravenous or intra-muscular anesthesia or sedation. Please follow these instructions in preparation for that procedure:

- Please do not eat food for at least six (6) hours before your scheduled surgery appointment. Any necessary medications may be taken with a sip of water.
- You **MUST** have someone come with you who is able to wait and drive you home after the surgery.
- Please wear loose, comfortable clothing with short sleeves. If possible, leave rings and other jewelry at home and wear only a minimal amount of makeup.
- A prescription for oral pain will be given to you before you leave the office or we can phone in the prescription to your regular pharmacy for your convenience.
- Do not ignore a head or chest cold when surgery is to be performed, as a change of appointment may be necessary. If you are not sure, please call first.
- Suggested foods to have available at home the day of surgery are yogurt, ice cream, pudding, Jell-o, ginger ale, and other soft, non-spicy foods.

We have reserved this time for you. Please give us 24 hours notice if you are unable to keep your appointment with us.